



Ensuring the safety and durability of our built environment is not merely a duty; it's a pledge to excellence. As building and civil engineers, we are dedicated to protecting both the integrity of structures and the well-being of the communities they serve through meticulous design, innovative construction practices, and sustainable development. Together, let's shape a resilient and thriving future for generations to come.













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Company Background

Manos Environmental and construction Services Engineering Limited was established 20th of January 2015 with registration number 114544 as a comprehensive Construction engineering Services (Civil and Building works) Provider Company that headed in in Ubungo, Dar ES Salaam, Tanzania. The Company is Registered by Contractors Registration Board (CRB) as class 6 contractor Civil and Building works. Manos Company Limited is

MANOS Environmental & Construction Services Engineering Ltd

owned 100% by Tanzanian four directors with Construction, Environmental, Occupational Health and Safety background. The directors hold a combined experience of more than 15 years in operations, training and consultancy.

Furthermore, It has equipped resources with vast experienced and multi skilled Scientists, engineers and technicians who have been working in Construction engineering industry (Civil and Building works) for good number of years, based on proving national and international standard services

As a company we maintain a very simple business language philosophy that focuses on 'Client Satisfaction.' Our clients range from small to large multinational companies and our business framework is based on superior values and delivery services. With this framework in mind, we strive to bring Clients into a "stress and tension – free" environment. Manos take pride in investing and using standard equipments and facilities and finest team with team work spirit, offering all advantage as a small growing company, while providing standard output with aim of wining client trust

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To be respected company in Tanzania, committed to excellence in Construction engineering through quality and professional services and consulting.

To develop long-term working relationships by installing a high level of trust and confidence in our services, consulting and creating lasting value for our clients.

To ensure that our customers get the best services and consulting available in the Construction engineering in order to provide customer satisfaction

Manos constantly monitors quality of service delivered to client. Process improvement, elimination of bottlenecks and increase efficiency of daily operations are going cycle in Manos. In order to evaluate performance, Manos conduct audit, inspections and monitoring on site, making sure the quality work is executed at the end.

In terms of capacity, we are well equipped, and flexible at any time to start working, despite of any inconveniences, Manos will assure quality deliverance at maximum and minimum capacity. We have qualified specialists, equipments and vehicles which allowing easy performing quality and quantity services to satisfy our customers





To be respected company in Tanzania, committed to excellence in Industrial hygiene, Environmental, Occupational Health and Safety through quality and professional services and consulting. To develop long-term working relationships by installing a high level of trust and confidence in our services, consulting and creating lasting value for our clients.



To ensure that our customers gets the best services and consulting available in the Industrial hygiene, Environmental, Occupational Health and Safety and in order to provide customer satisfaction



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Our Commitment

A commitment to great value

We provide great service at a great value to our clients

A commitment to Quality and Service

We strive to deliver quality and timely service for the benefit of our clients all time

A commitment to growth and Innovation

We continue learning and developing new skills and techniques that help us improve our services to clients more efficiently

A commitment to our team

We maintain an upbeat work environment that is respectful and welcoming to all employee with a focus of continuous learning and growth





Head Quarter

Mbezi Luis, Goba Road,

Opposite to Itambo Tvs.

P. O.BOX 39899,

Ubungo, Dar es Salaam, Tanzania.

Phone call & WhatsApp:

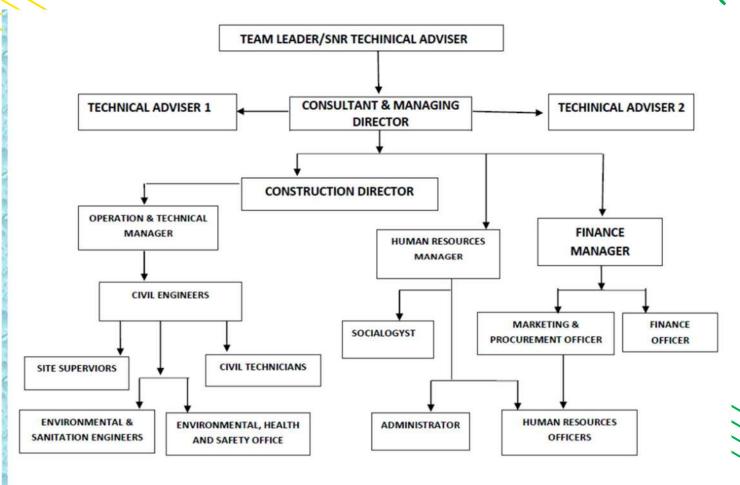
+255 754 825 363

E-mail: manos.co.ltd@gmail.com

info.manos.co.ltd@gmail.com

Website: www.manos.co.tz

MANOS ENVIRONMENTAL AND CONSTRUCTION SERVICES ENGINEERING ORGANIZATION STRUCTURE (EHS)









Road Works Construction Services

Our structural expertise spans a wide variety of Constructions industries like other Contractors specifically in Roadworks including pavements and surface reconstruction and rehabilitation, drainage, Earthworks, the general shaping of the road, light and heavy grading and bridgeworks.







Engineering Hydrology

Development of a Hydrogeological models, Estimation of the ecological water requirements, Water Resources Analysis, Assessment of the underground water, Assessment of faults/Weak Intersection location for placement of Monitoring boreholes, Assessment of aquifer & its characteristics and Development of water resources Management Plan.





Water Resources Infrastructures.

Water engineering services offered by MANOS for both public and private sector clients are; Feasibility studies of Water Supply and Sanitation, Detailed Design of Water Supply Systems, Sanitation Systems and Treatment Plants, Detailed Design and Construction Supervision of Hydraulic Structures / River Engineering, Water Resources Management Studies, Design, drawings & construction of Swimming pools, Wastewater Management, Pipe Works & Fittings, Construction of Pump houses, Water Storage tanks, Construction of Domestic Points and construction of water raiser and construction of fish ponds.





Building Construction Services and Creativity.

Services that we offer; Designing of Structures, Project Cost Estimations, Construction of Buildings, Interior Designing and Landscaping, AC Installation and Electrical Fence Installation, Rehabilitation and Renovation of Building structures.





Petrol Station & Warehouse Construction

Services that we offer; Design of structures, Cost Estimation for Construction, Construction of Petrol station and Warehouses for different purpose, Supervision of Projects, Fire System Installation and land Scaping.







What Makes Us the Best



We are capable of doing Industrial Hygiene studies, risk assessment and physical measurement



Our work is guided by International Finance Corporation's Performance Standards (IFC PS), Environmental, Health and Safety (EHS) Guidelines



We have modern tools which can measure up to 100+ parameters i.e., Asbestos, Air quality parameters, Radiation, GHGs and others



We are competitive in Local Policies and Guidelines such from NEMC and OSHA



MANOS extensive experience have Environmental and Social Impact Assessment (ESIA), Environmental Impact Assessment (EIA), Environmental Audits (EA) with more than 150+ successfully projects



We have international and professional registered experts on Industrial Hygiene and Environmental Issues



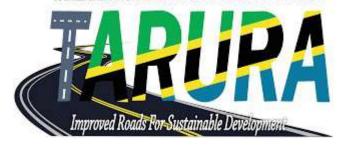
We are flexible and cost-effective; we can adapt the working environment according to client needs and resources available



We deliver work on time beyond expectations

OUR WORKS

TANZANIA RURAL AND URBAN ROADS AGENCY





CLIENT INFORMATION

Tanzania Rural and Urban Roads Agency (TARURA), Singida Region,

P. O Box 539, Singida.

TASK

Contract No. AE/092/2021/2022/SGD/W/26 of Spot Improvement Along Mwando-Nkalakala-Nkinto (22.1km) And Structures Along Nkalakala-Mwanga (2 Cells Arch Culvert), Mwando-Nkalakala- Nkinto (3 Pipe Culvert) And Dominiki-Hilamoto (1 Arch Culvert) -Singida Region

SERVICE PROVIDED

Damping Works, Road formation,

- Construction of Arch Bridges,
- Light and Heavy Grading,
- Construction of Box Culverts,
- River Training

YEAR

February, 2023 (Completed)

TANZANIA RURAL AND URBAN ROADS AGENCY





CLIENT INFORMATION

The Regional Coordinator, Tanzania Rural and Urban Road Agency (TARURA),

P.O Box 1027 Iringa

TASK

Contract No. AE/092/2021 22/IR/W/49 of Periodic Maintenance of Vikulakilosa Mufindi-Ihanu Road (12.0km) And Mkuta-Ludiloilasa (5.0km) Road In Mufindi Dc

SERVICE PROVIDED

- Road formation,
- Damping Works,
- Light and Heavy Grading,
- Installation of Roads Posts.

YEAR

December, 2022 (Complete)

BORDA



CLIENT INFORMATION

BORDA Tanzania

P.O Box 105744 Rose Garden Road, Mikocheni

Plot 312, Dar es Salaam

+255 684 883 645

Email: dar@borda-africa.or.tz

TASK

Construction of Simplified Sewer System at Sinde Ward

SERVICE PROVIDED

- Site Clearence,
- Trench Excavation,
- Plumbing Works,
- Construction of Toilets,
- Construction of Manholes,

YEAR

November, 2022 (COMPLETED)





US Embassy in Dar es Salaam-Tanzania P.o Box 9123, Dar es Salaam.

BabuDM@state.gov, +255 677 677 003

TASK

Construction, Maintenances, Rehabilitation and Repairing of Swimming Pool Specifically in Tiling, Concrete Works, Plumbing Activities and Installation of Swimming Pool Accessories.

SERVICE PROVIDED

- Removing Old Tiles.
- Plumbing Works.
- Electrical Installation.
- Concrete Works.
- **Installation of Swimming Pool**
- Accessories.
- Painting.
- Removing of Old Pavements Blocks.
- Paving Works.

TANZANIA RURAL AND URBAN ROADS AGENCY





CLIENT INFORMATION

Tanzania Rural & Urban Roads Agency (TARURA),

P.O Box 389, Manyara.

TASK

Rehabilitation work along Endahagichan-Endadubu-Yaedachin, Masqaroda-Harbanghet-Endadubu and Gunyoda –Endahagichan Roads in Mbulu DC. Contract No. AE/092/2021/2022/MNR/W/67

SERVICE PROVIDED

- Damping Works, Road formation,
- Construction of Arch Bridges,
- Light and Heavy Grading,
- Construction of Box Culverts,
- River Training.

YEAR

March, 2022 (Completed)





Mbeya District Council,

P.O Box 599, Mbeya,

Email; mbeyaded@yahoo.com,

Tel: 025-2502260

TASK

Construction of Water Supply Networks and Associated Appurtances at Swaya and Lupeta Villages in Mbeya District Council.

SERVICE PROVIDED

- Construction of Intake Structures.
- Pipe Supplying & Fittings Works.
- Trench Excavation & Pipe Laying out.
- Construction of Water Storage tank.
- Construction of Domestic Points.
- Construction of Cattle Trough.
- Construction of Chamber & Break Point Pressure.
- Culvert Installation.

YEAR

• 2023





Olam International Limited, P.O Box 71062, Dar es Salaam. +255 765 653 655

TASK

Integrated Water Resources Plan for Hanga and Lutukira Rivers in Songea Southern Part of Tanzania.

SERVICE PROVIDED

- Development of a Hydrological Model
- (Pitman and HBV Models)
- Estimation of the ecological water requirements.
- Water Resources Analysis.
- Development of Water Resources Management Plan.





Winrock International

JR House, Old Dar es salaam Road

P.O Box768,

Morogoro, Tanzania

Project Coordinator

Megann Mielke

mmielke@winrock.org

TASK

Extension of Pipe Network for Kigungawe B (Ulonge) and Lundamatwe (Viwengi) – Iringa MC - Iringa.

SERVICE PROVIDED

- Pipe Works & Fittings.
- Construction of Domestic Points.
- Construction of Chambers.
- Construction of Pipeline Marker Post.
- Construction of Anchor blocks.

TANZANIA RURAL AND URBAN ROADS AGENCY





CLIENT INFORMATION

Tanzania Rural and Urban Road Agency (TARURA),

Singida Region,

P.O. Box 539, Singida-Tanzania.

TASK

Periodic Maintainance along Kinampundu-Mtinko (2.56km), Singa-Kinampundu Ilunda (3km), Spot improvement along Iguguno Kikhonda-Kinampundu (25.1km) and Construction of Culvert along Singa Kinampundu-Ilunda (4c) Contract No: AE/092/2021-2022/SGD/W/25

SERVICE PROVIDED

- Site Clearence and Tree Cutings,
- Damping Works,
- Road formation,
- Construction of Arch Bridges,
- Light and Heavy Grading,
- Construction of Box Culverts, River Training.

YEAR

December, 2021 (Completed)





Tanzania Telecommunication Company Limited (TTCL), 12th Floor, Extelecoms House, 32Samora

Avenue,

P.O Box 9070, Dar es Salaam.

TASK

Construction of Palisade Fence 20m by 20m at Igoweko Site

SERVICE PROVIDED

Supply and Installation of Palisade Fence, Construction of Guard House,

YEAR

March, 2021 (Completed)





Winrock International JR House, Old DSM, Road P.O Box768, Morogoro, Tanzania, Project Coordinator. Megann Mielke mmielke@ winrock.org

TASK

Construction Of Ngerengere Pumping Water Supply Scheme in Morogoro District, Morogoro Region Contract No: 6730-2-C-05.

SERVICE PROVIDED

- Construction of Domestic Points,
- Construction of Pump House,
- Plumbing Works, Trench Excavation,
- Pump Installations, Supply and Install of 150KVA Transformer,
- Construction of Borehole Chambers, Construction of Marker Posts,
- Extension of Electrical Power line.

YEAR

January, 2021 (Completed)







CLIENT INFORMATION

Tanzania Ports Authority (TPA)

+255 684 200 427

Main contractor: Applied Research International Pvt. Ltd, B-1, HauzKhas, New Delhi-110016, India.

Email:pbagga@arisimulation.com

TASK

Construction of Proposed Crane Simulator Building at Bandari Collage.

SERVICE PROVIDED

- Site Clearance & Foundation Works.
- Concrete Works.
- Masonry Works.
- Roofing Works.
- Electrical & AC Installation.
- Fire System Installation.
- Finishing Works.
- Landscaping.

YEAR

May, 2019 (Completed)







Songwe District Council,

P.O Box 77, Songwe,

Tel. (025)25200, 2520121, 2520109

TASK

Construction of Proposed Totowe and Rukwa **Pumping Scheme Water Supply**

SERVICE PROVIDED

- Trench Excavation for Distribution & Raising Main.
- Construction of Water Storage Tank.
- Construction of Domestic Points.
- Construction of Pump House.
- Pump Supply & Installation.
- Pipe works and Pipe Fittings.

YEAR

May, 2019 (Completed)





Mr. Atilio Justin Nwaka,

P.O Box 16089, Dar es salaam.

TASK

Construction of Proposed Double Storey Residential House at Kibada-Kigamboni, Dar es Salaam.

SERVICE PROVIDED

- Designing and Drawing.
- Site Clearance & Foundation Works.
- Concrete Works.
- Masonry Works.
- Roofing Works.
- Electrical & AC Installation.
- Fire System Installation.
- Finishing Works.
- Landscaping.

YEAR

Aug, 2018 (Completed)

OUR PROMINENT CLIENTS





















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Meet Our Professional Team



Eng. Manti Michael Nota, PhD (FNL), AFOH, ROHT

Manti Michael is an experienced and certified Environmental and Hygienist Occupational from Tanzania with BSc. In Environmental and Laboratory Engineering (ELST) and MSc. in Environmental Technology and Management from Ardhi University in Dar es Salaam, Tanzania. He is on final torch on his PhD programme in Environmental Technology and Management

focusing on hazards airborne assessment and controls to prevent among high-risk workers. Manti is currently Manos Environmental and construction Services Engineering Limited Consultant and Managing Director, university Lecturer and Acting Head of Department at Ardhi University, Dar es Salam to School of Engineering and environmental study teaching environmental engineering and management subjects that includes Noise, Vibration, Air quality, GHG Gases and Climate Change Impacts to the environment, Health Impact Developing Assessment, Environmental and Social System (ESMS), Risk assessment and Management management, air pollution and emission monitoring and

control, Environmental and social impact assessment/audit, occupational health and safety, occupational hygiene, development of occupational health and safety system, design environmental pollution control facilities etc.

He has extensive experience in delivering Environmental, Occupational health and safety, Industrial Hygiene, Asbestos Surveys, programs. Knowledgeable in all aspects of environmental and safety management, from Developing Environmental and Social Management System (ESMS) according to IFC/ WBG, asbestos survey, Air emission, auditing, training and investigating to policy development, data analysis and regulatory compliance. Manti have conducted/involved in more than 160 projects of Noise, Vibration, Air quality, GHG Gases and Climate Change Impacts to the environment, Health Impact Assessment, Developing Environmental and Social Management System (ESMS), Asbestos Surveys and Air emission to deferent national and international companies. He has been in charge of environmental, occupational health and safety regulatory compliance for large and small-scale manufacture and Chemical process industries, mining open and underground pits, oil and gas and construction. He has more than 16 years of experience on Environmental, Occupational Health and safety, Industrial hygiene and training, Noise, Vibration, Air quality, GHG Gases and Climate Change Impacts to the environment, Health Impact Assessment, Developing Environmental and Social Management System (ESMS), auditing, monitoring, technology evaluation, and designing controls for Chemical Hazards, Physical Hazards, Biological hazards, Ergonomic Hazards and Psychological Hazard such as Dust (Crystalline respirable Silica, respirable, inhalable),

Aerosols, Noise, Fume and Gases, Vapors, Asbestos, Vibrations, indoor air quality, Diesel particulate matter, Light, Surveillance blood test, ergonomic and Psychological assessment, heat stress, relative humidity, velocity and flow rate for assessment of ventilation and hoods, radiation, metal particulate, ventilation system etc). Manti has published several articles in the peer-reviewed literature focusing on environmental, occupational health and safety. He is registered and certified with several international and national environmental, Occupational health and safety professional boards such as British Occupational Hygiene Society (BOHS), South African Institute for Occupational Hygiene (SAIOH), International Commission on Occupational Health (ICOH), American Industrial Hygiene Association (AIHA), American Public Health association (APHA), Workplace Health without Borders (WHWB), Tanzania Chamber of Minerals and Energy (TCME), Tanzania National Environmental Management Council (NEMC) as Environmental Experts to undertake EIA/EA.

He has served several managerial and technical senior positions of environmental, occupational health and safety Occupational Hygiene programs to large companies and NGOs including as Nigeria environmental and Occupational Hygiene Project Coordinator (6 years) for Occupational Knowledge International (US. Based NGO) and Doctor without Borders (Medicine San Frontires Operation Centre Amsterdam Holland), Environmental and Occupational Hygienist/Head of department for Bulyanhulu Barrick Gold Mine (4 Years), Environmental Health and safety consultant Director for Manos Environmental and Construction Services Engineering Limited (Lead More than 128 Projects), Project coordinator for The African Medical and

Research Foundation (AMREF), Environmental and Industrial Hygiene, Health & Safety Consultant team leader for Shanta Gold Mine Itd, Industrial Hygiene Director for Healthy Working Environments (HWE NGO), Environmental and Lead Poisoning Project Coordinator for Medicine San Frontires (MSF), Health promotion manager (Environmental Lead poison, IDP & SGBV, Hospital, ATFC) for Medicine San Frontires (MSF), Environmental and Industrial Hygiene study consultant team leader for Total Tanzania Limited, Environmental and Industrial Hygiene study consultant team leader for Tembo Nickel mining, Environmental and Industrial Hygiene survey consultant team leader for Lafarge Tanzania Mbeya cement Plant, Environmental laboratory and Technologist for Lake Victoria Environmental Management Project (LVMP), Environmental and Occupational Hygiene Consultant team leader(Asbestos survey) for Murzah Wilmar East Africa Limited (Kipawa and Buguruni areas October 2021, Manti has received 2021 Leslie Nickel International Health & Safety award from American Public Health Association (APHA) as Environmental and Hygienist with Industrial international outstanding performance in Environmental, Health and safety from outside of United States of America. 2021 Awarded (turbaned) three Traditional chieftaincy/King Titles of North Nigeria due to fiveyears Environmental, Occupational Health and Safety outstanding performance



Damian Andrew Malilo MSc

I am a confident, dynamic and driven person with initiative and strong commitment to achieving results and excellence. I enjoy working as part of a team, collaboratively and also autonomously. Every day it is my goal to apply these attributes in a challenging and rewarding environment whereby I can effectively draw upon my experience and the knowledge gained from my current work in different industries and studies.

I am focusing on ensuring all employees in the workplace maintain their health and

safety and wellbeing. I value and care as professional occupational hygienist to ensure safe and healthy work environment are being created and maintained for present and future life. There is no worthy job if not done in safe and healthy way.

Qualification Hold

- Msc Occupational and Environment Health & Safety Management-Portsmouth University, UK
- BSc Microbiology and Chemistry University of Dar Es Salaam, Tanzania
- Diploma Work health and safety, Australia Institute of Technology Transfer

Company Worked

- Barrick Gold Cooperation in Tanzania (Bulyanhulu and North Mara Mine)
- Statoil; now known as Equinor -oil and Gas Company in Tanzania
- Eurasian Resources Group (ERG) in DRC, Zambia and Zimbabwe
- Rio Tinto in Guinea

Position Held

- Principal Advisor Health and Hygiene Rio Tinto
- Group Manager-Safety, Health and Hygiene- ERG
- Safety, Health and Sustainability Manager ERG
- ♣ Senior Coordinator Safety, Health and Hygiene- Statoil
- Industrial Hygiene Coordinator -Barrick Gold
- Industrial Hygienist Barrick Gold

Membership in Professional Associations

- Associate Level, British Occupational hygiene Sociate (BOHS), UK
- Certified Member, Institute of Occupational Safety & Heath, UK

CONTACT US